



Input on the Mass (and the sacraments)

Perhaps linked to Grill the Priest a member of the clergy might also like to walk through the celebration of Mass.

For practising members of the community it might seem either patronising or redundant to explain why we say and do certain things at Mass. Yet for many young people they are unsure why the priest might perform certain actions and why certain words are spoken.

How?

Some Lourdes coach chaplains do such a 'teaching Mass' whilst on pilgrimage and young people have found it very illuminating.

Quirky facts about why we do certain things seem to find a way into the memory of young people.

Young people have been intrigued why we fracture the host at the Lamb of God rather than earlier in the Eucharistic Prayer or why we say the Sanctus and often have not spotted the link of the Gloria to the hymn of the Angels at Christmas.

This might also be the time to mention some of the other sacraments as well and talk about the sacrament of the sick and even start a conversation about the sacrament of reconciliation which could lead to a deanery celebration of the sacrament for young people and their family.